

# News from Serennu

September 2017

Volume 5, Issue 9.



## Summer Fun at Serennu

On Sunday 30th July, Serennu hosted their annual Summer fete. Over 360 people joined us to enjoy a few hours of fun, entertainment and also lovely food. There were lots of different activities taking place including a tombola, fairground stalls, play zones and a sensory room. The beautiful owls from the Owl Sanctuary were a big hit with everybody and we were also lucky to have the local Community Police Officers who joined in with the fun answering loads of questions and allowing youngsters to try on police uniforms. Families also had the opportunity to enjoy our BBQ that provided delicious hot food and also the Serennu café that offered sandwiches, drinks, snacks and icecream. Our traditional cake stall was once again selling gorgeous home made cakes for everybody to enjoy. There were many highlights during the day but the performance from the choir was outstanding. Each member of the choir is hearing impaired and they sign the words to each song. Their performance was completed outside in the sunshine and was really enjoyed by everyone watching. We also we had a very special guest make a surprise appearance to entertain our families. Russell Jones, a professional entertainer who works at venues and events throughout South Wales, spent 3 hours at Serennu singing, entertaining and interacting with the children/young people and families. Russell said *"I have thoroughly enjoyed this occasion, it was fab"* One mum said *"This has been a brilliant fete, I have enjoyed watching everybody have a great time"*. Another parent said *"The pony is so gorgeous, I would like to take it home. This has been a great day"*.

**We would like to say a big thank you to everyone who made the day a success, including all our wonderful volunteers, everybody who gave donations that were used on the day, and all our families who attended.**

Keep a look out for information regarding our next family event, which will be our Halloween disco on 30th October 2017.



Sparkle 'Helping Hands' department are working to develop various toolkits for use by parents/carers and professionals, on topics that are often areas of concern. These have been compiled with help from numerous professional staff and plenty of feedback from young people and their families. The toolkits already produced and available are; Swimming toolkit, Friendship toolkit and the long awaited Anxiety and Worries toolkit. You can find copies of all these on [www.sparkleappeal.org](http://www.sparkleappeal.org), under the 'Helping Hands' page or there are hard copies available from Serennu Children's Centre. Alternatively if you contact Maisy Haines on [maisy.haines@wales.nhs.uk](mailto:maisy.haines@wales.nhs.uk), she would be happy to email an electronic version to you. Please feel free to use any, or all of these toolkits and also share with anyone who might find them helpful.

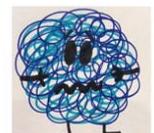


If you have any suggestion regarding a future topic for a 'Helping Hands' toolkit, please advise Maisy who would be happy to discuss.

[Maisy.haines@wales.nhs.uk](mailto:Maisy.haines@wales.nhs.uk) or 01633 748023



Supporting Children and Young People With Anxiety and Worry  
A toolkit to help support children with a disability or developmental difficulty with their anxiety and worry.



If you would like to be kept up to date with activities, events, forums and support groups being held at Serennu and in the local area please email or call: [Family.liaison.ABB@wales.nhs.uk](mailto:Family.liaison.ABB@wales.nhs.uk)/ 01633748013 to be included on the mailing list.

## Sign of the Month



©Signalong

### 'Running'

Two fists (palms in, pointing forward), arms swing as though running.

For more signs information or resources, please see [www.signalong.org.uk](http://www.signalong.org.uk) or speak with your Speech and Language Therapist.



## SERENNU DADS

### Sparkle Helping Hands

For fathers/ grandfathers/ male carers of children with a disability or developmental difficulties

Saturday 9<sup>th</sup> September  
10am-12pm

Come for a chat and breakfast roll with other dads

ADL Flat at the Serennu Centre

If you would like to attend please let us know.  
Email: [maisy.haines@wales.nhs.uk](mailto:maisy.haines@wales.nhs.uk)  
☎: 01633 748023

## Future Dates at Serennu

**Monday 4th September**  
SNAP Cymru drop in  
Session  
10am-12pm

**Thursday 7th September**  
Newport Autism Support  
Group  
9.30am-12pm  
For parents/carers/  
grandparents whose  
children have an Autistic  
Spectrum Disorder and live  
in Newport

**Saturday 9th September**  
Serennu Dad's Group for  
parents/grandparents/male  
carers to get together for a  
chat and a breakfast roll  
10am-12pm

**Monday 11th September**  
Your Voice  
10am-12pm  
Small and friendly group of  
parents who meet to collect  
feedback about services at  
Serennu

**Monday 18th September**  
SNAP Cymru drop in  
Session  
10am-12pm

**Wednesday 20th July**  
Serennu Coffee Morning  
10am-12pm

Following feedback received from families, Medicinema and Sparkle are delighted to announce that from September 2017, there will be two subtitled screenings shown each month at MediCinema,

We hope this will enhance the experience for our hearing impaired children/young people.

The Sparkle Appeal exists to support all families living in South Torfaen, Newport or South Monmouthshire, where there is a child/young person under 18 with a diagnosed, or undergoing diagnosis, of disability or

developmental difficulty. If you would like any information or further detail about the support and services Sparkle have available to offer families, please contact Jayne Jones on 01633 748013 or [jayne.jones20@wales.nhs.uk](mailto:jayne.jones20@wales.nhs.uk), she would be delighted to explain further .

You can also follow the Sparkle Appeal on Facebook or Twitter



Sparkle Appeal



@Sparkle\_Appeal

\* Do you have a child or young person with a disability or developmental difficulty?

\* Are they between 0-18 years old?

\* Do you live in Newport, South Torfaen or South Monmouthshire?

\* Did you know that you could access a number of services and leisure activities at Serennu Children's Centre in Rogerstone?

\* We have a range of sports and leisure activities, including; Street dance, After School clubs, Youth club, Play club, Music sessions and holiday activities.

\* We have a Family Liaison Officer, a counselling service for parents/carers and siblings and also parent groups that run here.

\* For more information, call the Sparkle Office on 01633 748092 or see [www.sparkleappeal.org](http://www.sparkleappeal.org)



\* Do you have a child or young person with a disability or developmental difficulty?

\* Are they between 0-18 years old?

\* Do you live in Newport, South Torfaen or South Monmouthshire?

\* Did you know that you could access a number of services and leisure activities at Serennu Children's Centre in Rogerstone?

\* We have a range of sports and leisure activities, including; Street dance, After School clubs, Youth club, Play club, Music sessions and holiday activities.

\* We have a Family Liaison Officer, a counselling service for parents/carers and siblings and also parent groups that run here.

\* For more information, call the Sparkle Office on 01633 748092 or see [www.sparkleappeal.org](http://www.sparkleappeal.org)

