

Registration Form

IT'S A KNOCKOUT

| | |
|-----------------------------------|--|
| Team Name: _____ | Team Manager _____ |
| Address : _____ _____ _____ | Telephone : _____ Mobile _____ Email _____ |
| Post Code _____ | Age _____ |

Entry details

Teams of 10 to 12 people. All participants must be in good health and not suffering from any medical condition and compete entirely at their own risk. Organisations may enter more than one team. The event will last approximately 4 hours depending on the number of teams entered. Entry is restricted to a minimum age of 18 years. There is a great demand for places and entries will be accepted on a first come first served basis.

Entry fee and Sponsorship

The entry fee for the team is £200.00 plus minimum sponsorship of £500.00 to support the development of the family facilities at South Gwent's Children's Centre. Once you have registered your entry, sponsorship forms and a guide to fundraising will be supplied with your entry confirmation. It may be possible to exceed the suggested sponsorship of £500.00 with a little imaginative fundraising. You can register your sponsorship online at www.justgiving.com/sparkleappeal. A fundraising page can be created and takes just five minutes to create. Sponsorship money should be provided to the charity 7 days prior to the event.

Rules and Safety

All teams **MUST** arrive 30 minutes before the publicised start time in order to attend the safety briefing. **THIS IS COMPULSORY**. All teams accepted for entry must abide with the competition rules and each competitor must sign a disclaimer before the performance. Participants **MUST** remove jewellery and advise our paramedics about any injury or health issues. Food, drinks, and smoking are strictly prohibited in the games arena.

Entries: Please send entries to "It's a Knockout" Sparkle Appeal, St Woolos Hospital, Newport. NP20 4SZ and make all cheques made payable to the Sparkle Appeal.

I enclose a cheque for £200.00 as an entry Fee.

Please read and sign:

We agree with the entry conditions. We aim to raise a minimum sponsorship of **£500.00** and to provide this to the charity 7 days prior to the event. As Team Manager, I hereby release South Gwent Children's Foundation, their agents, officials and volunteers for any injury/loss caused through taking part in "It's a Knockout" we compete entirely at our own risk.

Team Manager _____ **Date:** _____