

## Weekly Bulletin 1/10/20



Hi All

We have some super, exciting news to share with you all...

A few months ago we were contacted by Niche IFA, who informed us about a brand new digital billboard that was due to be installed on the side of their office, overlooking the M4 by the Brynglas Tunnels. Niche had an ambition to help local charities, businesses and events in Wales by enabling them to use the digital billboard.

A few months down the line, the work on the digital billboard is complete and we are thrilled to announce that we now have a live advert up on screen!

Thank you to everyone at Niche for this fantastic opportunity to raise the awareness of Sparkle and making this possible.

[#helpingspecialchildrenshine](https://www.sparkleappeal.org/#helpingspecialchildrenshine)

**Sparkle** are pleased to announce to following vacancies:

**Community Playworker**

**Community Supervisor**

**Sparkle Activities Development Officer**

Location: Monmouthshire, Blaenau Gwent and Torfaen.

Visit our vacancies page on our website for the full job description and to download and application form.

[www.sparkleappeal.org/vacancies](http://www.sparkleappeal.org/vacancies)

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GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
University Health Board



## Greater Gwent Forum



### **Greater Gwent Parent Forums**

**(Caerphilly/Blaenau Gwent/  
Newport/Monmouthshire/Torfaen)**

## **Join us for a Virtual information session**

Brief outline of Additional Learning Needs  
(ALN) reform & what it means for families.

**Opportunity to be part of the parent forum**

Involvement & working with others, Influencing a  
positive change.

**Wed 4<sup>th</sup> November 2020 @ 6.30pm**

Join online - <https://www.zoom.us/>

(Click - join a meeting)

**Meeting ID: 950 2938 5289 Passcode: Md3gzb**

If you can't join & interested in the forum email me for info –

[Teresa.bradley@snapcymru.org](mailto:Teresa.bradley@snapcymru.org)



## Halloween



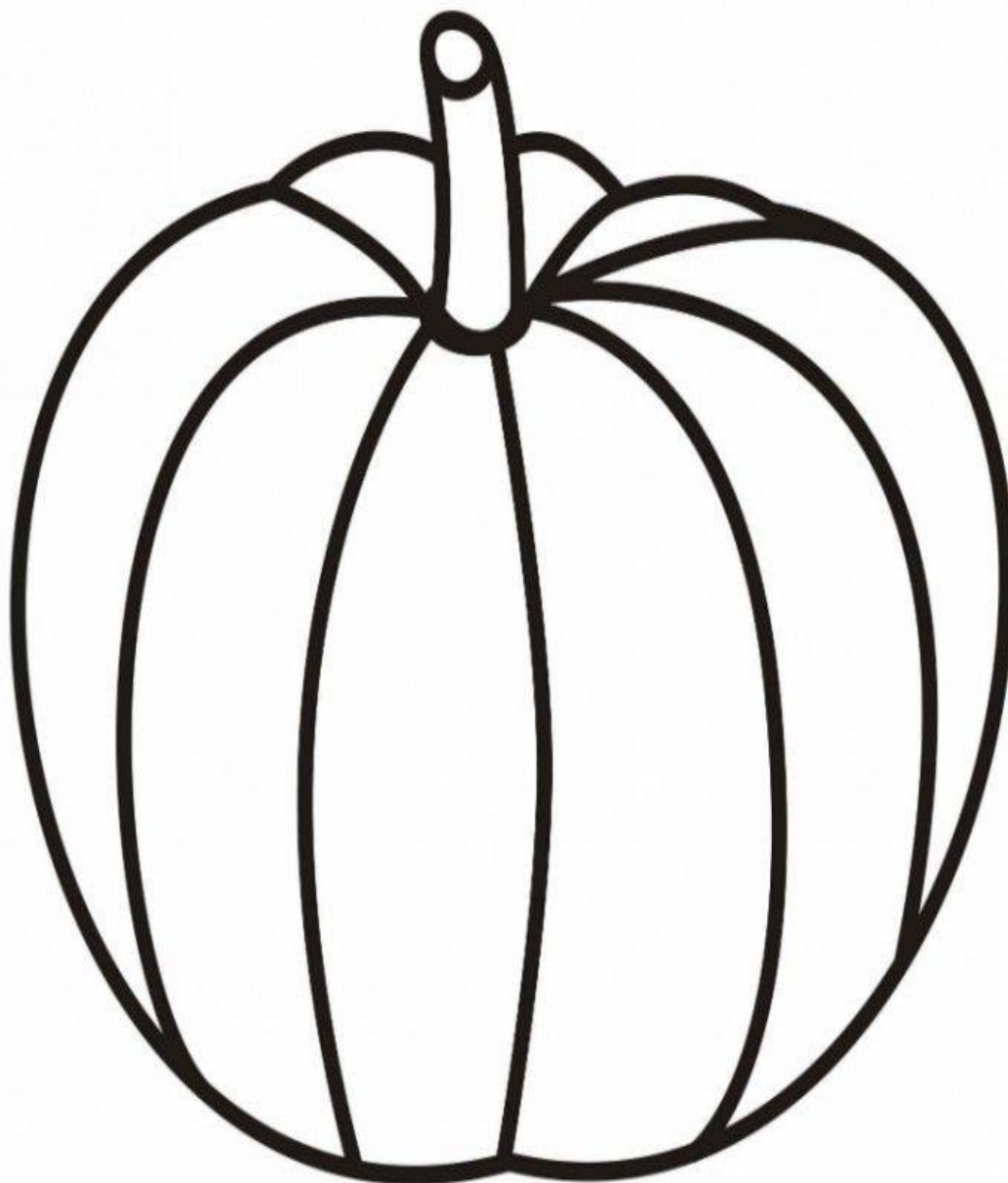
Halloween 2020 might be a bit different this year and trick or treating as we know it will be off the cards. But we can still have loads of spooky fun!

This Halloween let's all join together to create The Big Neighbourhood Pumpkin Trail! Stick a pumpkin in your window or outside your home - a real one, plastic, painted....whatever you like! Together we can create one giant pumpkin trail in our local areas and children can see how many they can spot over Halloween weekend!



So Halloween may look a little different this year, as a lot of things are, so every week I am going to send some fun resources for everyone to do and hopefully will make the build up a little 'Spooktacular'.







# Halloween Words

g	v	s	g	n	p	h	l	h
e	s	s	v	n	c	f	s	o
y	c	i	b	r	r	k	p	r
c	a	n	z	o	e	n	o	r
o	r	i	j	s	e	y	o	i
e	y	s	s	h	p	e	k	b
v	a	t	q	l	y	v	y	l
i	t	e	r	r	i	b	l	e
l	g	r	o	s	s	e	r	n



evil  
creepy  
scary  
gross

horrible  
spooky  
terrible  
sinister



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
University Health Board

sparkle  
helpu plant arbennig i ddisgleirio  
helping special children shine

## Snap Parent Forums



# WE NEED YOUR HELP!



### JOIN OUR FORUM

The Forum is a means to strengthen the voice of Parents/Carers

- ✓ Use parents direct experience of receiving services and living with ALN.
- ✓ Help set the ALN agenda.
- ✓ Highlight where local services, processes, and commissioners are working well.
- ✓ Challenge when changes or improvements need to be made.
- ✓ Work in a solution-focused way with partners to find the best possible outcomes and solutions for local families, with the resources that are available.

### DO YOU KNOW OR SUPPORT A YOUNG PERSON WITH ALN?

Do you want to work together to influence real change and help to make a difference?

If so contact us today to gain more information on purpose of the forum and aims.



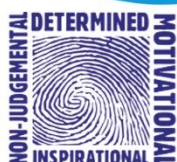
### OUR AIM

Growing, developing and empowering our membership to have a strong collective voice is a key aim of the Forum. We aim to provide a constructive channel of communication between Parent/Carers and Strategic Partners to influence positive change.



### COMMUNITY

We believe passionately that working co-productively with Blaenau Gwent Council and other service providers will put the voice of disabled children and their families at the centre of decisions and deliver services that work for our community.



**Blaenau Gwent Parents & Carers Forum**  
Working with others to support children/young people with additional needs  
**Fforwm Rhieni a Gofalwyr Blaenau Gwent**  
Gweithio gydag eraill i gefnogi plant/pobl ifanc ag anghenion ychwanegol

Contact Teresa Bradley for more information.





**GIG**  
CYMRU  
NHS  
WALES

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## COMMUNITY

We believe passionately that working co-productively with Monmouthshire Council and other service providers will put the voice of disabled children and their families at the centre of decisions and deliver services that work for our community.



## Monmouthshire Parents & Carers Forum

Working with others to support children/young people with additional needs

## Fforwm Rhieni a Gofalwyr Sir Fynwy

Gweithio gydag eraill i gefnogi plant/pobl ifanc ag anghenion ychwanegol



Contact Teresa Bradley for more information.



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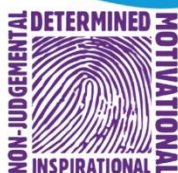
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## COMMUNITY

We believe passionately that working co-productively with Torfaen Council and other service providers will put the voice of disabled children and their families at the centre of decisions and deliver services that work for our community.



**Torfaen Parents & Carers Forum**  
Working with others to support children/young people with additional needs  
**Fforwm Rhieni a Gofalwyr Torfaen**  
Gweithio gydag eraill i gefnogi plant/pobl ifanc ag anghenion ychwanegol



Contact Teresa Bradley for more information.

## Active Gwent



NEWPORT LIVE  
CASNEWYDD FYW

Aneurin leisure  
Improving community life

Torfaen  
Leisure Trust  
Ymddiriedolaeth  
Hamdden Torfaen

CAERPHILLY  
COUNTY BOROUGH COUNCIL  
CYNGOR BWRDEISTREF SIROL  
CAERFFILI

MonLife  
Ar gyfer meddwl, corff ac enaid ein cymuned  
For the mind, body and soul of our community

Following the most recent announcement from Welsh Government, additional lockdown restrictions have been put into place in several areas across South Wales. The importance of physical activity has never been more important and with this in mind leisure providers have joined together across Gwent to help keep customers active.

Customers who have a membership with a leisure provider in counties across Gwent, which they will be unable to access due to local lockdown restrictions, will instead through this innovative partnership be able to attend their local gyms or leisure centre whilst the local lockdown remains in place.

This new initiative, called *Active Gwent*, includes Aneurin Leisure (Blaenau Gwent), Caerphilly County Borough Council Sport & Leisure Services, MonLife (Monmouth), Newport Live and Torfaen Leisure Trust.

This means that customers who live in Blaenau Gwent, Caerphilly, Torfaen, Monmouthshire or Newport who are currently members of leisure providers outside of their local area which they are now unable to access, can be given an *Active Gwent* membership to attend leisure services in their own county as part of this new partnership.

This will be available until 31st October 2020 initially and kept under review following Welsh Government updates. Customers continue to pay their existing membership fees and will remain members of their usual leisure provider. When local lockdowns are lifted, they will be able to return to their usual facilities. Members who are eligible for this will be contacted by their local leisure provider with more details on how to gain access.

The *Active Gwent* initiative has been introduced to help support communities in Gwent with remaining physically active whilst restrictions remain in place. All of the leisure providers taking part remain committed to the safety of staff and customers with additional guidelines in place including enhanced cleaning regimes and social distancing.



## Financial Help



Llywodraeth Cymru  
Welsh Government

# Coronavirus COVID-19 Update



The following information has recently been updated or published.

## [Get financial help to pay your bills during the coronavirus pandemic](#)

29-09-2020 09:12 AM BST

**KEEP WALES SAFE.**

Follow the latest Welsh Government advice and guidance for [coronavirus \(COVID-19\)](#).

View the latest [FOI releases](#) for coronavirus (COVID-19).

**Find out more on the web:**

[gov.wales/coronavirus](https://gov.wales/coronavirus)

**Follow us on Twitter:**

[@WelshGovernment](https://twitter.com/WelshGovernment)

## Face Coverings

### Fersiwn i'w hargraflu

#### Cam 1:

Argraffwch y dudalen A5 hon.

#### Cam 2:

Torrwch ar hyd y llinell doredig.

#### Cam 3:

Plygwch ar hyd y llinell ddotiau.

#### Cam 4:

Ewch ag ef gyda chi i ble bynnag yr ewch.

### Print Version

#### Step 1:

Print this A5 page.

#### Step 2:

Cut along the dashed line.

#### Step 3:

Fold along the short dotted line.

#### Step 4:

Take with you when you are going anywhere.

Odl © Mawlaent y Garton / Crown copyright 2020 WCA11372

Plygwch yma / Fold here.

Torrwch yma / Cut along here.



**Thank you for understanding.**

**Keep your distance.**

**Be kind.**

**Byddwch yn garedig.  
Cadwch eich pellter.  
Diolch i chi am ddeall.**

**Rydwi wedi fy eithrio rhag  
gwisgo gorchudd wyneb.**

**I am exempt from wearing  
a face covering.**



## Face Covering Exemption Cards

Face coverings became mandatory in indoor public places across Wales on 14th September.

The requirement applies to everyone aged 11 and over.

However, you may have a reasonable excuse not to wear a face covering if (for example):

You are not able to put on or to wear a face covering because of a physical or mental illness, or because of a disability or impairment;

Or you are accompanying somebody who relies on lip reading where they need to communicate.

For the latest information on Face Coverings guidance visit ↓□

<https://gov.wales/face-coverings-guidance-public> To download

the exemption card printout visit ↓□

[https://gov.wales/sites/default/files/publications/2020-09/face-covering-exemption-card\\_0.pdf](https://gov.wales/sites/default/files/publications/2020-09/face-covering-exemption-card_0.pdf)

## Amazon and Sparkle



When you shop through AmazonSmile and choose Sparkle, Amazon will donate 0.5% of the net purchase price to us, at no extra cost to you!

Turn your smile into a donation by following the steps below:

1. Log in to [smile.amazon.co.uk](https://smile.amazon.co.uk) using your regular Amazon account details
2. When prompted, search and select Sparkle (South Wales) Limited
3. Shop as normal and Amazon will make a 0.5% donation to us, at no additional cost to you.

Remember to use [smile.amazon.co.uk](https://smile.amazon.co.uk) every time to ensure your purchase is eligible for a donation.

If you're using the app, simply tap the menu > settings > AmazonSmile and follow steps 1-3

SMILE and help special children shine.





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University Health Board

## Calm Down Yoga

# CALM DOWN YOGA FOR KIDS



## I am strong.

Use your strength to catch tricky waves.



## I am kind.

Stretch high and spread kindness all around.



## I am brave.

Be brave and fearless as you fly down the ski run.



## I am friendly.

Stretch like a dog wagging its tail.



## I am wise.

Be a wise owl perched on a tree branch.



## Children's Speech and Language - Blank Levels



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NHS  
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Hywel Dda  
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### Children's Speech and Language Therapy Team Blank Levels

- BLANK levels of questioning are based on the research of Blank, Rose and Berlin, who looked at the types of language children need to understand in the classroom.
- They found that that direct questions were often used so they graded them, and language used, into 4 levels of complexity – from 'concrete' to 'abstract'.
- At the beginning of Year 1, children needed to understand language from all 4 levels to be able to follow all the language used in the classroom.
- When a child is asked a question, they need to understand the language to know what is being asked. To answer that question, they also need to be able to use language.
- Being aware of these levels can help you adjust the types of questions you ask your child, so that they can understand you and even answer you successfully!
- These levels can also be used to help children develop their understanding at the next level. E.g. Helping a child with an understanding at Level 2 begin to understand Level 3.

#### Blank Level 1

- Naming what is front of you
- Talking about a whole object
- Questions: **Show me...** **Pick up...** **Find another like this** **What's this?**



#### Blank level 2

- Describing materials in front me or a scene
- Talking about the function of an object
- Identifying things that go together e.g. bucket & spade
- Finishing a sentence e.g. you're drinking some ....
- Questions: **Who? What? Where?**



#### Blank level 3

- Re-telling an event and/or Sequencing pictures
- Predicting what will happen / what a character may feel or say
- Defining a word
- Following a set of instructions



#### Blank level 4

- Justifying why
- Talking about things beyond what is in front of you
- Identifying a cause and problem solving
- Questions: **Why? How do you know?**



#### Useful Resources

<https://www.youtube.com/watch?v=VcpoVK66qUU>

<https://www.twinkl.co.uk/search?term=blank+level+questions>

<https://swindonspeechandlanguagetherapy.files.wordpress.com/2016/07/blanks-levels-of-questions-what-are-they-doc1.pdf>

## Road Closure

# ROAD CLOSURE NOTICE

## A465 HEADS OF THE VALLEYS SECTION 2 BRYNMAWR - GILWERN

**WEEKEND CLOSURE 2 - 5 OCTOBER 2020**

**20:30 ON FRIDAY 2 OCTOBER 2020 -  
06:00 ON MONDAY 5 OCTOBER 2020**

**SHOULD YOU HAVE ANY QUERIES PLEASE CONTACT  
JEFF MAPPS, PUBLIC LIAISON OFFICER**

**E-MAIL: [JEFF.MAPPS@COSTAIN.COM](mailto:JEFF.MAPPS@COSTAIN.COM)**

**OR VIA THE PROJECT CONTACT NUMBER  
0845 600 2664**



**OFFICIAL  
DIVERSION ROUTE  
IN PLACE.**

**THERE ARE NO  
LOCAL DIVERSIONS  
AVAILABLE.**





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Aneurin Bevan  
University Health Board



Don't forget, I'm here if you need me.

My email is - [sarah.painter-sims@wales.nhs.uk](mailto:sarah.painter-sims@wales.nhs.uk)

Phone - 01873 732712