

News from Serennu

February - Chwefror 2023



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd
Aneurin Bevan
Health Board

sparkle
helpu plant arbennig i ddigileirio
helping special children shine



Congratulations Joan a Very Worthy Winner

At the recent South Wales Argus Pride of Gwent Awards, Sparkle Trustee Joan Sheppard, was honoured with a Lifetime Achievement Award in recognition of her dedication to supporting our Sparkle Charity. Joan was part of the 1991 consultation that led to the report 'The Need is Obvious', for a new integrated children's centre. She was an original Trustee at Sparkle, and helped campaign for the build of Serennu Children's Centre over 20 years ago. As a parent of a child with disabilities, Joan's motivation to be involved and make a difference has always been to ensure that future children and families don't have the same experience as she had.

Joan continues to be a driving force for change and dedicates a great deal of her time to her Trustee duties. We would like to sincerely thank Joan for her dedication and support, and offer congratulations on this well deserved recognition.



A Double Celebration.

Sparkle staff, volunteers and trustees, along with families and young people who attend our play clubs, had the pleasure of attending the recent South Wales Argus Pride of Gwent Awards. It was a fantastic event with many inspirational winners in various categories. Sparkle were honoured to receive the Charity award 2022. The award was collected by Seren and Carly who were accompanied by their mums Jo and Laura and session supervisor Rebecca. Sparkle Team Lead, Rebecca McDonald said "*Sparkle is honoured to receive this award and recognition. The tireless hard work of the staff, volunteers and trustees is something we are particularly proud of. This award highlights the importance of our work to support families and children with disabilities across Gwent*". At the presentation event Carly described her experience of attending Sparkle as "*the most blessed and happiest year of my life*". Thank you Seren and Carly for collecting this award on Sparkle's behalf, we are very proud of you.



If you would like to be kept up to date with activities, events, forums and support groups being held at Serennu and in the local area please email: Family.Liaison.ABB@wales.nhs.uk or call: 01633 748013 to be included on the contact mailing list.



Sign of the Month Arwydd y Mis

©Signalong

'RUGBY' - 'RYGBI'

Supporting full "C" hand (palm forward, pointing down) behind and to one side of working full "C" hand (palm back, pointing down); formation moves to supporting side, as hands bend up at wrists changing to open hands.

For more signs, information and resources, please see www.signalong.org.uk or talk to your speech and language therapist.

New Support Group

From February, Serennu will host a new evening support group for parents/carers who have a child diagnosed with ADHD. The first meet will be on Monday 27th February, 5.30pm-7.30pm. The group is organised by Natalie Parnell who also co-ordinates the support group that meet 10am-12pm on the 3rd Thursday each month at Serennu Children's Centre. You are welcome to join us at either session, it would be lovely to see you. If you have any questions please email: adhplusnewport@gmail.com

Monday 27th February
ADHD Parent Support Group
For parents/carers affected by ADHD
5.30pm-7.30pm

Future Dates at Serennu

Thursday 2nd February
Newport Autism Support Group

For parents/carers/grandparents whose children have an Autistic Spectrum Disorder
10am-12pm

Friday 3rd February

Sparkle Coffee Morning.
A chance to relax and chat to other parents and carers.
Children welcome.
10am-12pm

Wednesday 8th February
National Youth Advocacy

Drop In Session
NYAS can provide independent professional advocacy for children and young people involved with children's services.
10am-12pm

Wednesday 8th February
Helping Hands Parent

Virtual workshop
'Introduction to Sensory Processing'
1pm-3pm

Saturday 11th February

Serennu Dad's Group for parents/grandparents/male carers to get together for a chat and a coffee
10am-12pm

Thursday 16th February

ADHD Parent Support Group
For parents/carers affected by ADHD
10am-12pm

Tuesday 28th February

SNAP Cymru
Drop in Session
10am-12pm



MediCinema
Who Are We?

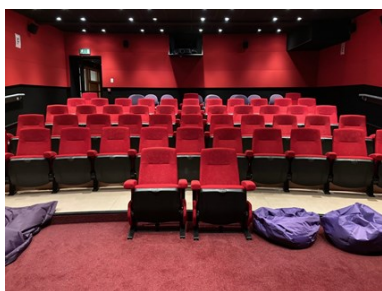
MEDICINEMA
feel better with film



MediCinema is a charity dedicated to bringing the power of cinema and film to patients across the UK. The MediCinema located within the Serennu Children's Centre is a 51 seat, digital 3D auditorium. Free screenings* take place on Saturday mornings at 10:30 and Tuesday and Wednesday evenings at 18:00. The service is open to families living in Gwent who have a child/young person aged 0 - 17yrs with diagnosis of a disability and/or developmental difficulty.

**Donations are gratefully accepted to help with running costs.*

For further information please email: medicinema.ABB@wales.nhs.uk



FIND US ONLINE!



/SparkleAppealOfficial



@SparkleAppeal



@SparkleAppealOfficial



Justgiving.com/SparkleAppeal



www.SparkleAppeal.org



**ORDINARY 2
EXTRAORDINARY**



**GIG
CYMRU
NHS
WALES**

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board