

# News from Serennu

## September– Medi 2023

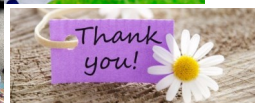


Bwrdd Iechyd  
Aneurin Bevan  
Health Board

**sparkle**  
helpu plant arbennig i ddiggleirio  
helping special children shine



### Summer Fun Day at Serennu



On Sunday August 20th, Serennu Centre hosted our annual Summer fete. The weather was very kind and everyone had a super time joining in with the activities and all the fun taking place. It was great to welcome families and to watch the children and young people enjoying themselves. We would like to say a massive thank you to all the staff and volunteers for the hard work that made this event possible. Thank you to County in the Community, Dragon's Rugby, Newport Live, Gwent Police, Gwent Ambulance Service, Gwent Fire Service, volunteers from TSB, Harding Evans Solicitors, Principality Building Society, R.D.P.Law, Mike from Dads Group and the team from MediCinema. We would also like to say thank you to Tom Patterson from Treasured Memories Photography for spending the whole day with us taking lots of fantastic photographs. We sincerely appreciate all the support that made this day special for families.

### Dress Up Time

Young people attending Sparkle play club have been enjoying dress up sessions. They really had a fun time and even Sparkle staff got involved.



If you would like to be kept up to date with activities, events, forums and support groups being held at Serennu and in the local area please email: [Family.Liaison.ABB@wales.nhs.uk](mailto:Family.Liaison.ABB@wales.nhs.uk) or call: 01633 748013 to be included on the contact mailing list.





## Sign of the Month Arwydd y Mis

@Signalong

**'TEACHER' - 'ATHRO (male) or  
ATHRAWES (female)'**

**Index hands (palms in, pointing up) at each  
side of mouth, move forward/out in two  
movements.**

For more signs, information and resources, please  
see [www.signalong.org.uk](http://www.signalong.org.uk) or talk to your  
speech and language therapist.

At the recent Aneurin Bevan  
University Health Board  
volunteering event, a few current  
volunteers and staff members were  
invited to attend to represent Serennu  
Children's Centre. This event was  
arranged by ABUHB to thank all  
volunteers for their hard work and  
dedication. Serennu and Sparkle have  
many volunteers who regularly  
support a range of services at our  
centre, and we are so lucky to have  
them. There was an afternoon tea to  
be enjoyed where people shared  
stories about their volunteering  
experiences.

**For details of all volunteering  
opportunities, please see the  
Sparkle website**



**Future Dates at Serennu  
Thursday 7th September**  
Newport Autism Support  
Group

Support group for families/  
carers and those living/  
supporting people with  
autism  
10am-12pm

**Friday 8th September**  
Sparkle Coffee Morning  
A chance to relax and chat to  
other parents and carers.  
Children welcome.  
10am-12pm

**Saturday 9th September**  
Serennu Dad's Group for  
parents/grandparents/male  
carers to get together for a  
chat and a coffee  
10am-12pm

**Friday 15th September**  
Meeting to discuss the  
consultation regarding 'do  
disabled children and young  
people have equal access to  
education and childcare?'  
10.30am—12.30pm

**Thursday 21st September**  
ADHD Parent Support Group  
For parents/carers  
affected by ADHD  
10am-12pm

**Thursday 21st September**  
Helping Hands Parent  
Virtual workshop  
'Introduction to sleep'  
We will share ideas about  
how to manage common  
sleep difficulties in children  
and young people  
10am-12pm

**Monday 25th September**  
ADHD Parent Support Group  
For parents/carers  
affected by ADHD  
5.30pm-7.30pm

We would like to say a Thank You to Crane  
ChemPharma & Energy, Cwmbran, for their  
kind donation of \$5000 towards the Sparkle  
Appeal. William Eynon works at Crane and  
his son Zachary attends leisure sessions at  
Serennu. Will nominated us and he says  
"Sparkle is a great support to our family and  
I am delighted to recommend this charity  
and recognise the great work of the Sparkle  
team that encourage Zachary to reach his  
full potential." We are very grateful Will.



Thank you to everyone who has offered  
feedback towards the Welsh Parliament  
Consultation of '**do disabled children and  
young people have equal access to  
education and childcare?**'.



This is such an important topic and we  
would like families to have their views  
represented. There is a meeting arranged  
at Serennu Children's Centre, on Friday  
15th September, 10.30am— 12.30pm, to  
offer the opportunity for you to share your  
thoughts in person with the Welsh  
Parliament Children, Young People and  
Education Committee.

Everyone is welcome to join us.  
Refreshments will be available. If you are  
unable to come along on 15th September,  
you can still contribute your feedback by  
contacting Family Liaison Officers on  
email: [family.liaison.abb@wales.nhs.uk](mailto:family.liaison.abb@wales.nhs.uk)  
or telephone: 01633 748013

## FIND US ONLINE!



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Justgiving.com/SparkleAppeal



[www.SparkleAppeal.org](http://www.SparkleAppeal.org)



**ORDINARY 2  
EXTRAORDINARY**



**CRONFA  
GYMUNEDOL  
COMMUNITY  
FUND**



helpu plant arbennig i ddigleirio  
helping special children shine



**GIG  
CYMRU  
NHS  
WALES**

Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
University Health Board