

News from Serennu

March– Mawrth 2024



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Good Luck Harper!

Harper, who is 7 years old, has set herself the challenge to run 5 kilometres to raise money for the Sparkle. Sparkle supports Harper's younger sister Olivia, who is 6 years old. Harper has said *'Sparkle is a charity that is very close to our hearts as a family. Without it, my younger sister Olivia would not have the support that she has had over the years and I want to give back to Sparkle by doing a sponsored 5k run. Any donations would be amazing. I am training very hard with my Daddy to raise this money. Thank you'*



We would all like to thank Harper and her family and wish her good luck with this fabulous challenge.

If you would like to follow Harper's Journey or donate please follow the link—
[Tamara Christie is fundraising for Sparkle \(South Wales\) \(justgiving.com\)](https://www.justgiving.com/TamaraChristie)



A Massive Thank You to O2e

Sparkle accepts an incredible donation of £22,000 from our loyal supporters Ordinary 2 Extraordinary

Sparkle recently had the pleasure of receiving a fantastic donation of £22,000 from Ordinary 2 Extraordinary (O2e).

O2e are a community of fundraisers who raise money throughout the year to improve the lives of children who are in need of help due to disability or illness. Sparkle is one of seven children's charities that O2e support with an annual donation.

Since 2012, O2e have been tremendous supporters of Sparkle, regularly funding projects and activities for our children and young people.

Last year, O2e's annual donation funded a residential trip for 22 young people, 10 of whom had never been away from home before, providing them with an unforgettable experience that a lot of young people we support might not have had the opportunity to attend otherwise.

Sparkle's founder and trustee Sabine Maguire, who attended the O2e presentation event this year, said:

"We are so grateful to O2e for their incredible donation of £22,000. We know how hard they all worked - running, cycling, horseshoe tossing and cake baking, to name but a few fundraising activities.

You have given our children the opportunity of a lifetime on their outward-bound adventure. Like O2e, they took on huge challenges climbing, abseiling and more - despite their physical difficulties. Their pride and joy in meeting these challenges was inspiring. We cannot thank you enough."

We are looking forward to following all fundraising challenges that O2e have set themselves in 2024, especially their 16th annual cycling challenge in France this September.

If you would like to learn more about O2e's annual bike ride, please follow the link - [Big Kev's Ride – O2E](#)

If you would like to be kept up to date with activities, events, forums and support groups being held at Serennu and in the local area please email: Family.Liaison.ABB@wales.nhs.uk or call: 01633 748013 to be included on the contact mailing list.



Sign of the Month Arwydd y Mis

©Signalong

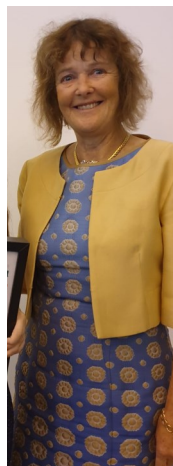
DAFFODILS – CENNIN PEDR

Working loosely bunched hand (palm in, pointing up) pulls away from palm of supporting open hand (palm in, pointing up) as fingers widen slightly.

For more signs, information and resources, please see www.signalong.org.uk or talk to your speech and language therapist.

Congratulations

From all staff at our 3 Children's Centres, we would like to offer our congratulations to Dr Sabine Maguire, who has been included in the Newsquest 2024 Inspirational Women Hall of Fame. Dr Maguire is the founder and active trustee of Sparkle, which supports children and young people with disabilities and/or developmental difficulties. Part of the nomination read *"She became aware of how difficult it was for families to attend different clinics for diagnosis and treatment—she started the Sparkle appeal so all the clinics could be run from one place."* Congratulations Sabine on this well deserved recognition.



Future Dates at Serennu

Friday 1st March

Sparkle Coffee Morning
A chance to relax and chat to other parents and carers.
Children welcome.
10am-12pm

Wednesday 6th March

National Youth Advocacy
Drop In Session
NYAS can provide independent professional advocacy for children and young people involved with children's services.
10am-12pm

Thursday 7th March

Newport Autism Support Group
Support group for families/carers and those living/supporting people with autism
10am-12pm

Saturday 9th March

Serennu Dad's Group for parents/grandparents/male carers to get together for a chat and a coffee
10am-12pm

Monday 18th March

Supporting Anxiety in Children Workshop
We will share ideas about how to support children and young people with anxiety and worry.
10am-12pm
You do need to request to attend this session, Please book before 12pm on Monday 11th March

Thursday 21st March

ADHD Parent Support Group
For parents/carers affected by ADHD
10am-12pm

ISCAN Team awarded Carer Friendly accreditation by the Care Collective!

The ISCAN (Integrated Support for Children with Additional Needs) team are delighted to have recently been awarded Carer Friendly accreditation by the Care Collective, an organisation which provides vital services for unpaid carers and people with care needs across South Wales.

This project was led by Rachel Fawcett, Care Co-ordinator at Caerphilly Children's Centre and involved the ISCAN team across the three children's centres.

Joanna Box, Regional Team Lead said,

"I am delighted that the ISCAN team have been awarded this accreditation. It ensures that myself and the team are better able to meet the needs of both members of staff and families we work with who may be unpaid carers. This could involve help with accessing grants, emotional and financial support and signposting to support groups and social events."



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ORDINARY 2
EXTRAORDINARY



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