



sparkle

helpu plant arbennig i ddisgleirio
helping special children shine



WHATS ON GUIDE

Your guide to Sparkle Activities

#HelpingSpecialChildrenShine

www.sparkleappeal.org



Contents



About Sparkle	1	Playground	9
A week at a glance	2	Sparkle Cafe	9
After School Club	3	Birthday Parties	10
Skills	4	Volunteers	10
Little Stars	4	Putting Things Right	11
Tech Club	5	Contact Information	12
Youth Club	5		
Play Club	6		
Continuing Care Club	6		
Swimming Lessons	7		
Family Swim	7		
MediCinema	8		
Sensory Room	8		

For more information visit
www.sparkleappeal.org

About Sparkle

Sparkle is a charity based at Serennu Children's Centre.

Sparkle supports children and young people with a disability and/or developmental difficulty and their families living in Newport, South Monmouthshire and South Torfaen.

Sparkle's overriding aim is to provide children and young people with the tools and confidence they need to enable them to reach their full potential. We offer a number of weekly activities/clubs at Serennu Children's centre varying from play clubs, swimming lessons, cooking, Tech Club and much more. These clubs enable the children to meet new people, have fun and socialise in a safe environment.

We also support families by providing advice, information,

workshops and a range of family-oriented services.







All the services we provide are only made possible by donations and support from grants, individuals, groups and local businesses. To sustain our existing activities and family support, we need to raise over £600,000 per year.

If you are interested in fundraising for Sparkle and helping us to continue delivering these vital services for our children, young people and their families then please contact our Fundraising Manager. (see page 13 for contact details)



A week at a glance

There are so many great weekly activities to enjoy at Sparkle. Come along and join the fun!

Monday	Play Club 5.00 – 6.30pm 5 – 11 years £8.50 per person	Youth Club 5.30 – 7.30pm 12 – 17 years		
Tuesday	Afterschool Club 5.00 – 6.30pm 5 – 11 years £8.50 per person	Afterschool Club 5.00 – 7.00pm 12 – 15 years £8.50 per person	MediCinema 6.00pm 0 – 17 years Max. 2 adults, disabled child and siblings 	
Wednesday	Skills 5.00 – 6.00pm 6 – 17 years £5.50 per person	Youth Club 5.00 – 6.30pm 12 – 17 years £8.50 per person	MediCinema 6.00pm 0 – 17 years Max. 2 adults, disabled child and siblings 	
Thursday	Little Stars* 10.30am – 12pm 0 – 4 years £8.50 per parent & child	Youth Club 5.30 – 7.30pm 12 – 17 years	Tech Clubs 5.00 – 6.00pm or 6.15 – 7.15pm 8 – 17 years £7 per person	Swimming Lessons 4.30 – 6pm 5 – 17 years £85 per 10-week block 
Friday	Friday Play Club 5.30 – 7pm 5 – 11 years	Swimming Lessons 4.30 – 6pm 5 – 17 years £85 per 10-week block 		
Saturday	Swimming Lessons 10am – 12pm 5 – 17 years £85 per 10-week block  Family Swim 12 – 1pm £4.50 per person,	MediCinema 10.30am 0 – 17 years Max. 2 adults, disabled child and siblings 	Continuing Care Club (every other Saturday) 11am – 3pm 12 – 17 years £12.50 per person 1 – 3pm 5 – 11 years £8.50 per person	Play Club 1 – 2pm or 2 – 3pm 5 – 11 years

Polite notice: For free events such as the MediCinema, we suggest a small donation

*This is an activity schedule for term time only. The above activities are subject to change during the school holidays. For more information about Sparkle clubs and activities, please contact our office (see Page 13 for contact details).

Afterschool Club

A fun opportunity for children and young people with a disability or developmental difficulty to get together and take part in a variety of new activities.

The club offers activities in a stimulating environment which encourages learning and development in a fun and exciting way.



Tuesday

Age 5 – 11
5.00pm – 6.30pm
£8.50 per person

Tuesday

Age 12 - 15
5.00pm – 7.00pm
£8.50 per person

- ★ Work as a team
- ★ Community visits
- ★ Learn to cook
- ★ Be creative
- ★ Develop new skills
- ★ Make new friends

Independent Living Skills

Run as an eight-week programme for young people accessing Youth provisions. Supports young people with their transition into adulthood. The sessions provide an opportunity to learn and develop new skills such as communication, cooking, cleaning, managing finances and budgets.

Wednesday

(8-week programme)

Age 12 - 17
5.30 - 7.00pm
£8.50 per person



- Go on trips
- Community visits
- Learn to cook
- Be creative
- Play games
- Training exercises

Skills

The skills session offers a chance for children and young people to develop basic skills such as:

- Agility
- Balance
- Co-ordination

The skills session is underpinned by Sports Wales Multi Skills and Sport Initiative aimed at developing skills for life, through fun and games.



Agility



Balance



Co-ordination

Wednesday

Age 6 - 17

5.00 - 6.00pm

£5.50 per person



Little Stars

This is a fun and friendly session which offers a programme of activities to meet the needs of the young children and their parents.

Thursday

Age 0 – 4

10.30am -12pm

£8.50 per parent
and child



- ★ Play sessions
- ★ Outdoor play
- ★ Fun with food
- ★ Messy play
- ★ Sensory play

"A great opportunity for parents to meet with other families who have a child with additional needs"

Tech Club

5

This group supports young people with their self-esteem, confidence, and social skills by engaging in a fun activity with shared interests.

Each young person will have access to different technologies including:

- ★ Virtual Reality
- ★ Opti-Music
- ★ Switch Sessions
- ★ Touch Screen TV Games
- ★ Wii games
- ★ Garageband
- ★ Stop Motion



Youth Club

Youth club provides young people with the opportunity to have fun and socialise with others in a safe environment.

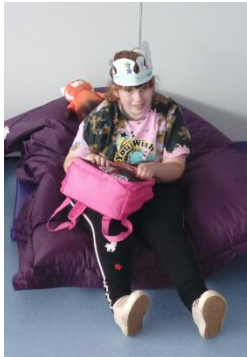
Everyone will have an opportunity to have their say and influence the activities, workshops and projects they take part in.

Wednesday

Age 12 - 17

5.00 – 6.30pm

£8.50 per person



"Have fun and socialise with others"

Play Club

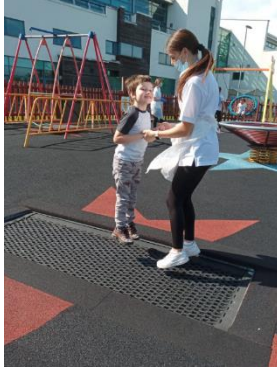
Our fun-tastic play club encourages children to be independent, express themselves creatively, have fun, develop skills, build confidence, form friendships and experience a variety of play activities.

Monday

Age 5 - 11

5.00 – 6.30pm

£8.50 per person



Continuing Care Club

Continuing Care Club takes place every other Saturday and is a play club for children and young people with complex health care needs.

Saturday (every other)

Age 5 – 11

1pm – 3pm

£8.50 per person



Age 12 – 17

11am – 3pm

£12.50 per person

Join in with fun activities like:

- ★ Messy play
- ★ Hair and beauty
- ★ Music
- ★ Outdoor play

Swimming Lessons

Swimming lessons offer an opportunity for children and young people with a disability or developmental difficulty to learn to swim.

We deliver two nationally recognised swimming programmes - the 'Rockhopper' and 'ASA Learn to swim pathway'.



Thursday/Friday

Age 5 – 17

4.30 - 6.00pm

£85 (10 sessions)

Saturday

Age 5 - 17

10am - 12pm

£85 (10 sessions)

Family Swim

Family swim offers an opportunity for children and young people to spend quality time with their family in the water.

**Please note each child under 10 years old requires an adult to be in the pool with them.*

Saturday

12 - 12.30pm &

12.30 - 1pm

£4.50 per person

"We have a purpose-built hydrotherapy pool with hoists"



MediCinema

Come and watch a 2D or 3D film as a family! The cinema has 50+ seats and has been specifically designed to comfortably accommodate children and young people who have a disability and/or developmental difficulty as well as their families.



Tuesday/Wednesday

Age 0 – 17

6.00pm

Free

Saturday

Age 0 - 17

10.30am

Free

MediCinema is free for a disabled child, their siblings and a maximum of 2 adults.

We suggest a small donation to help with running costs.

Sensory Room

Sparkle offers families the opportunity to book a bespoke session which lasts 45 minutes in a fully equipped sensory room, allowing for lots of stimulating fun and play.

Each session is supported by a Sparkle Leisure Support Worker and bookings in advance are required. Play dates are allowed so why not book with a friend and share the cost of the session!

"Specialist sensory, technology & audiology"



Monday to

Saturday

Age 0 – 17

9am – 6pm

£21 for 45 mins

(must be accompanied by an adult)

Sparkling facilities

There's plenty to enjoy at Sparkle. Our facilities are second-to-none and everyone's welcome!

Playground

Come along and use our fully accessible playground.

The playground is situated at the back of the Serennu Centre and is surrounded by lovely scenery, a Multi-use Games Area, garden and Wendy house.



Straps for the wheelchair swing are kept in the Sparkle Office during office opening hours.

Sparkle Café

Our café is open to staff, visitors and families throughout the week.



We provide hot and cold drinks, a selection of confectionery, sandwiches and snacks.

*Open 10am - 2.30pm
(& MediCinema hours upon request)*

Birthday parties

Sparkle are able to provide Birthday parties for the children and young people we support.

Party type	Duration	Max. number of people	Availability	Staffing provided	Cost
Pool party	60 mins	14 children & adults in total	Advance booked required, please contact our leisure team	2 lifeguards	£180.00
Play party	60 mins	15 children		1 staff member	£100.00
Rebound party	60mins	8 children		2 staff members	£180.00

A room will be available to use if you wish to provide your own food.

Volunteers

Sparkle are looking for volunteers to help out in a number of roles:

- ★ Swimming
- ★ Leisure / sports clubs
- ★ Cafe
- ★ Meet and Greet
- ★ MediCinema
- ★ Fundraising / Events
- ★ Administration



Putting Things Right

11

Sparkle are committed to providing high quality leisure services and support to children, young people and their families.

At Sparkle we believe the only way to achieve our commitment and continue to improve and develop services, is by talking to each other and working together.

We want to hear from you!

We welcome both positive and negative feedback and are always grateful to hear your thoughts, comments and concerns.

If you are concerned in any way about Sparkle staff, services or procedures, we would encourage you to raise your concern with a member of the Sparkle team. Your concern will be taken seriously and investigated.

Alternatively, you can contact our Family Liaison Officers, Jayne or Sarah. They would be happy to co-ordinate your feedback and work closely with you to resolve your concern.

Contact Jayne or Sarah on:
01633 748013
family.liaison.abb@wales.nhs.uk



sparkle
helpu plant arbennig i ddisgleirio
helping special children shine

Contact Us

For further information regarding
Sparkle leisure services please contact:

Leisure Activities – abb.sparkleactivities@wales.nhs.uk – 01633 748093

Family Liaison – family.liaison.abb@wales.nhs.uk – 01633 748013

For fundraising please contact:

Fundraising Manager	01633 748125	fundraisingmanager@sparkleappeal.org
------------------------	--------------	--

Write to us at:

Sparkle Appeal
Serennu Children's Centre
Cwrt Camlas, Rogerstone
Newport, NP10 9LY

For more information visit
www.sparkleappeal.org

 @sparkleappeal

 @sparkleappealofficial

 @thesparkleappeal



sparkle

helpu plant arbennig i ddisgleirio
helping special children shine

FOLLOW US ONLINE

www.sparkleappeal.org



[Facebook.com/SparkleAppeal](https://www.facebook.com/SparkleAppeal)



[Instagram.com/SparkleAppealofficial](https://www.instagram.com/SparkleAppealofficial)



[Twitter.com/SparkleAppeal](https://www.twitter.com/SparkleAppeal)

